

Developments in prostate cancer risk prediction tools in response to changes in clinical landscape

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The Prostate Cancer Prevention Trial (PCPT) Risk Calculator

Thompson, Ankerst et al,
NEJM 2004; JNCI 2006

Enter Your Information

Race Caucasian ▾

Age 60

PSA Level 1.0 ng/ml

Family History of Prostate Cancer ? No ▾

Digital Rectal Examination ? Normal ▾

Prior Prostate Biopsy ? Never Had A Biopsy ▾

Calculate Cancer Risk



Individualized Risk Assessment of Prostate Cancer

The Prostate Cancer Prevention Trial Prostate Cancer Risk Calculator (PCPTRC) was developed based upon 5619 men in the placebo group of the Prostate Cancer Prevention Trial. All of these 5619 men initially had a prostate specific antigen (PSA) value less than or equal to 3.0 ng/ml and were followed for several years with annual PSA and digital rectal examination (DRE) tests. If PSA was elevated, a biopsy was recommended. After seven years, all men were encouraged to have a digital rectal examination (DRE) and a biopsy, and the probability of a biopsy that showed a prostate cancer.

The result of the PCPTRC may not apply to different groups of individuals. As about 80% of men had a prostate biopsy when no cancer was found, if more than 80% of men are white and results may be different with other ethnicities or races.

The calculator is in principle only applicable to men under the following circumstances:

- Age 55 or older/greater of prostate cancer
- DRE and PSA results less than 1 year old

The PCPTRC is applicable for men who are undergoing prostate cancer screening with PSA and DRE. It was designed from a group of men in the Prostate Cancer Prevention Trial who underwent annual PSA and DRE screening. The risk estimate from the calculator does not reflect the risk of prostate cancer if a prostate biopsy is performed. Additional clinical information may modify this risk. No specific level of risk is recommended for prostate cancer if a prostate biopsy has not been performed.

This calculator is designed to provide a preliminary assessment of risk of prostate cancer that includes an individual choice based upon a physician's patient history, and family history of prostate cancer. The original PCPTRC was developed and validated using six pieces of information: PSA, age, DRE, race/ethnicity, body mass index (in measure of obesity), and family history of prostate cancer. It was subsequently also tested in the Prostate Cancer Prevention Trial to include whether the individual is taking finasteride. Subsequent to this, additional tests have been found to modify levels of risk of prostate cancer in individual men. For example, body mass index (in measure of obesity) has been shown to have an association with prostate cancer risk. In some men, the diagnosis of PSA and the other risk factors in this test results. A physician must request these tests and would be best informed as to which patients are most appropriate candidates and when patients will be most appropriate for these tests and the inclusion of these tests in the PCPTRC.

Contact Us

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www.prostate-cancer-risk-calculator.com

Results

150524

Web Counter

Based on the data provided, the person's estimated risk of biopsy-detectable prostate cancer is 14.2%.

The 95% Confidence Interval for this prediction is 13% to 15.4%.

More information about the confidence interval

The person's estimated risk of biopsy-detectable high grade prostate cancer is 1.2%.

The 95% Confidence Interval for this prediction is 0.8% to 1.6%.

More information about the confidence interval

Definitions/formulas

[Figures](#) [Formulas](#) [R Code](#) [Disclaimer](#)

PSA: enter prostate-specific antigen in ng/mL

DRE: enter 1 if digital rectal examination is abnormal, 0 otherwise

FAMHIST: enter 1 if there is a first-degree family history of prostate cancer, 0 otherwise

PRIORBIOP: enter 1 if there has been one or more prior biopsies performed (all negative for prostate cancer), 0 otherwise

AA: enter 1 for African American, 0 otherwise

AGE: enter age in years

Separate logistic regressions

For Prostate Cancer Risk:

$$\text{PCA} = -1.7968 + 0.8488 \times \log(\text{PSA}) + 0.2693 \times \text{FAMHIST} + 0.9054 \times \text{DRE} - 0.4483 \times \text{PRIORBIOP}$$

Prostate Cancer Risk = $1/[1+\exp(-\text{PCA})]$

For High-grade Prostate Cancer (Gleason ≥ 7) Risk:

$$\text{HG} = -6.2461 + 1.2927 \times \log(\text{PSA}) + 0.0306 \times \text{AGE} + 1.00008 \times \text{DRE} + 0.9604 \times \text{AA} - 0.3634 \times \text{PRIORBIOP}$$

High-grade Risk = $1/[1+\exp(-\text{HG})]$

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Completion of randomized trials and studies have brought about a change in the clinical landscape since 2006

- Recognition that validation of a risk tool is a property of both the tool and the cohort to which it is applied.
- Discovery and validation of new biomarkers for the early detection of prostate cancer.
- Quantification of a significant degree of **overdetection**: detection and treatment of prostate cancers that would not have caused mortality in the patient's lifetime.

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Prostate Biopsy Collaborative Group (PBCG)

- 7 European, 3 US biopsy cohorts
- 25,772 biopsies from 23,070 patients
- 8,503 prostate cancers

AIM: Validation is a property of BOTH the prediction tool and the cohort to which it is applied.

Vickers et al., Clinical Cancer Research, 2010

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Andrew Vickers
Memorial Sloan-Kettering Cancer Center

Prediction Models: Revolutionary in Principle, But Do They Do More Good Than Harm?

Andrew J. Vickers, Memorial Sloan-Kettering Cancer Center, New York, NY

See accompanying article on page 4959; listen to the podcast by Dr. Coopersberg at www.jco.org/podcasts.

It can sometimes seem as though we are drowning in prediction models. Every month brings a multitude of newly published risk calculators and nomograms to add to the multitude already in the literature—there are more than 100 prediction models on prostate cancer alone^{1–3} and Web-sites such as www.nomogram.org and www.canceronomics.org, continue to proliferate. As such, it is easy to become somewhat fatigued by prediction modeling and thus to forget that it constitutes an important shift in the way that medicine is practiced.

9/12/2013

Table 1. Description of study cohorts

Name of cohort	Location	Type of cohort	Indication for biopsy	Biopsy algorithm	Decision for biopsy a clinical decision?	Biopsy scheme	Prior screening
ERSPC Göteborg Round 1	Sweden	Screening	PSA ≥ 3 ng/mL	No	6-core*	No	
ERSPC Göteborg Rounds 2-6	Sweden	Screening	PSA ≥ 3 ng/mL	No	6-core*	Yes	
ERSPC The Rotterdam	The Netherlands	Screening	PSA ≥ 3 ng/mL or ≥ 4 ng/mL, depending on year	No	6-core*	No	
Round 1 ERSPC Rotterdam	The Netherlands	Screening	PSA ≥ 3 ng/mL or ≥ 4 ng/mL [†]	No	6-core*	Yes	
Round 2-3 ERSPC Tarn France	France	Screening	PSA ≥ 3 ng/mL	Yes	Primarily 10- to 12-core	Mixture	
Round 1 SABOR	San Antonio, TX	Screening	PSA ≥ 2.5 ng/mL, abnormal DRE, or family history	Yes	10- to 12-core	Mixture	
Cleveland Clinic Protect	Cleveland, OH	Clinical	Elevated PSA, abnormal DRE, rapid rise in PSA	Yes	Primarily ≥ 8 -core	Mixture	
Tyrol	United Kingdom Austria	Screening [‡]	PSA ≥ 1.25 ng/mL, percent free PSA, abnormal DRE	No	10-core	No	
Durham VA	Durham, NC	Clinical	Elevated PSA, abnormal DRE	Most men with elevated PSA were biopsied	6-, 10-, or 10- to 15-core [†]	Mixture	
PCPT	U.S.	Screening	PSA ≥ 4 ng/mL or abnormal DRE for "for cause" biopsies; end of study biopsy offered to all men	In the case of "for cause" biopsies	6-, 10-, or 12-core [†]	Mixture	
					Primarily 6-core	Yes	
						7	

Externally validate the PCPTRC/HG by 3 criteria

Steyerberg E. Clinical Prediction Models, Springer, 2009

- 1.) **Calibration:** How close are predicted risks to observed risks? **Calibration curves**
- 2.) **Discrimination:** How well does a risk prediction discriminate between those with and without the disease?
Area underneath the receiver operating characteristic curves
- 3.) **Clinical net benefit:** Decision-curve analysis that compares the net benefit of using a risk prediction tool to refer patients to biopsy versus referring all or no patients to biopsy. **Net benefit curves**

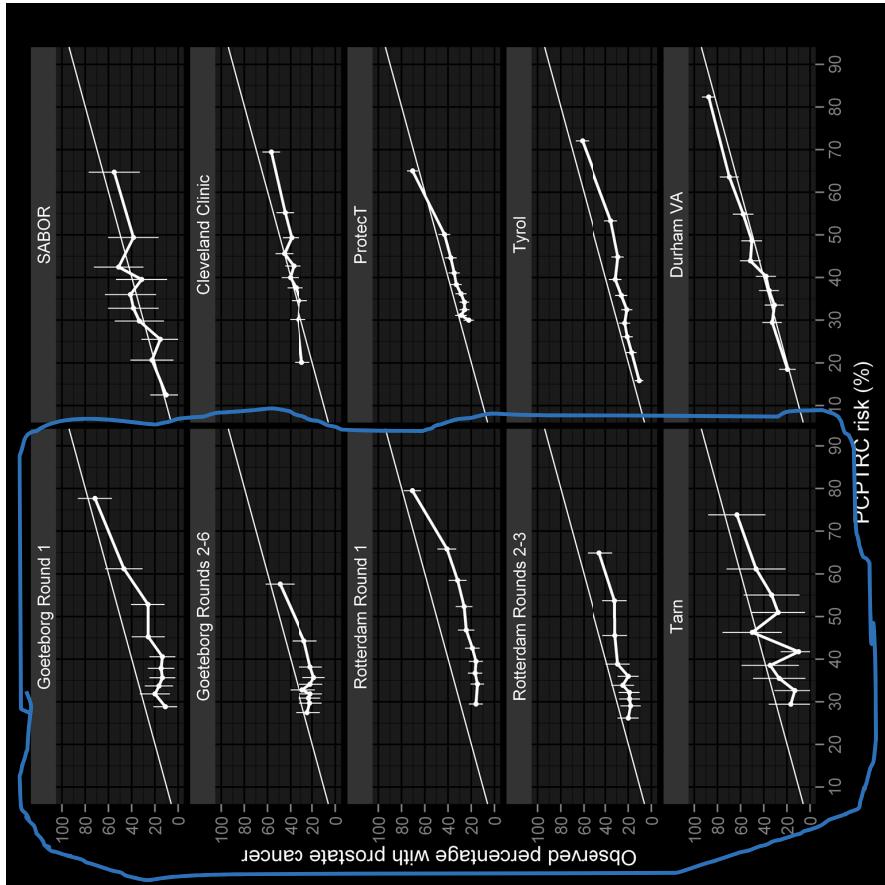
There are many more, some such as the Brier score, combine multiple metrics; these 3 are most seen in Urology.

Calibration of the PCPTRC

Plot of predicted risks on x-axis versus observed risks (grouped by deciles) on y-axis. Diagonal line indicates perfect fit.

The PCPTRC overpredicts for the European cohorts at all levels of low to high risk.

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Ankerst et al, World J Urol, 2012 9

Discrimination of the PCPTRC

Area underneath the receiver-operating-characteristic curve (AUC) gives the probability that for a randomly selected cancer case and control, the cancer case would have a higher PCPTRC risk. It varies from 50% (no better than random guessing) to 100% (perfect).

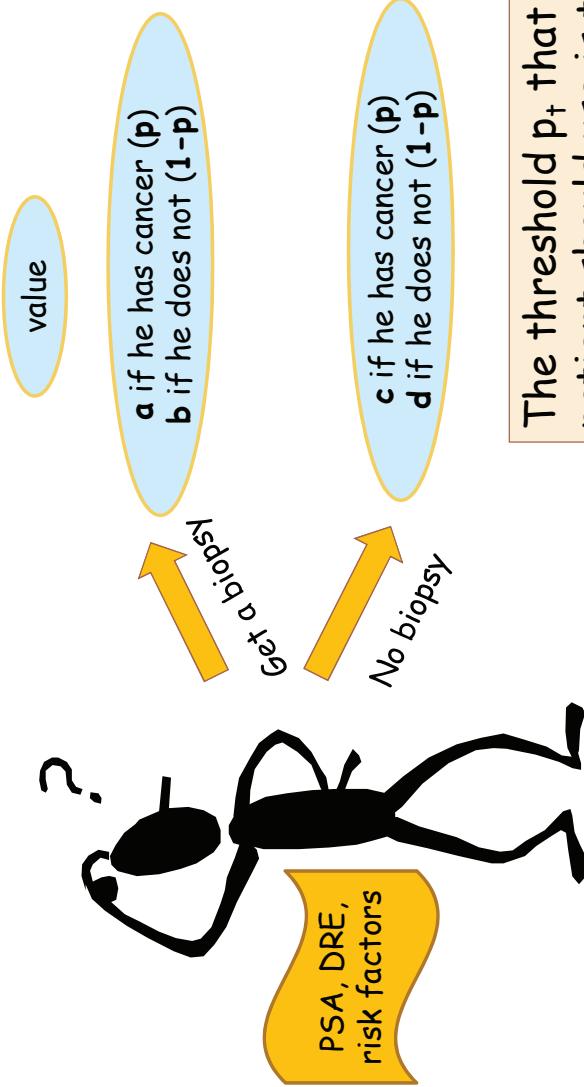
AUC varies from 56.2% to 72.0%, a bigger range than any new biomarker has ever moved an AUC.

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Cohort (n)	Dissemination AUC PCPTRC (%) (P-value for comparison to the AUC of PSA)
ERSPC Goeteborg Round 1 (n = 740)	72.0 (<0.0001)
ERSPC Goeteborg Rounds 2-6 (n = 1,241)	56.2 (<0.0001)
ERSPC Rotterdam Round 1 (n = 2,895)	70.0 (<0.0001)
ERSPC Rotterdam Rounds 2-3 (n = 1,494)	61.0 (0.15)
ERSPC Tarn (n = 298)	66.7 (0.07)
SABOR, US (n = 392)	65.4 (0.20)
Cleveland Clinic, US (n = 3,286)	58.8 (<0.0001)
ProtectT, UK (n = 7,324)	63.9 (0.14)
Tyrol, Austria (n = 5,644)	66.7 (<0.0001)
Durham VA, US (n = 2,419)	71.5 (<0.0001)

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Clinical net benefit



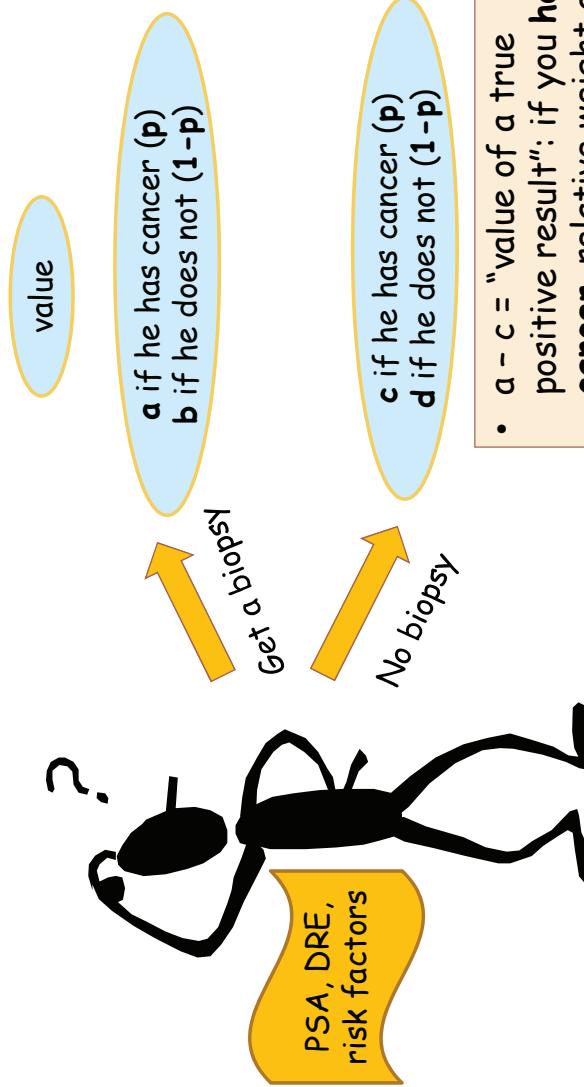
Value of a biopsy = Value of no biopsy

$$p_t a + (1 - p_t) b = p_t c + (1 - p_t) d$$

$$p_t (a - c) = -(1 - p_t)(b - d)$$

The threshold p_t that a patient should use is the one where his expected value of getting a biopsy is equal to the expected value of not getting the biopsy.

Clinical net benefit



- $a - c$ = "value of a true positive result"; if you **have cancer**, relative weight of biopsy versus not.
- $b - d$ = "value of a false positive result"; if you **do not have cancer**, relative weight of biopsy versus not.

$$p_t (a - c) = -(1 - p_t)(b - d)$$

Fix $a - c = 1$, then $b - d = -\frac{p_t}{1 - p_t}$.

Net benefit

Expected benefit of using risk $> p_t$ to decide for biopsy =

$P(\text{true positive}) \times \text{Value of true positive} + P(\text{false positive}) \times \text{Value of false positive}$

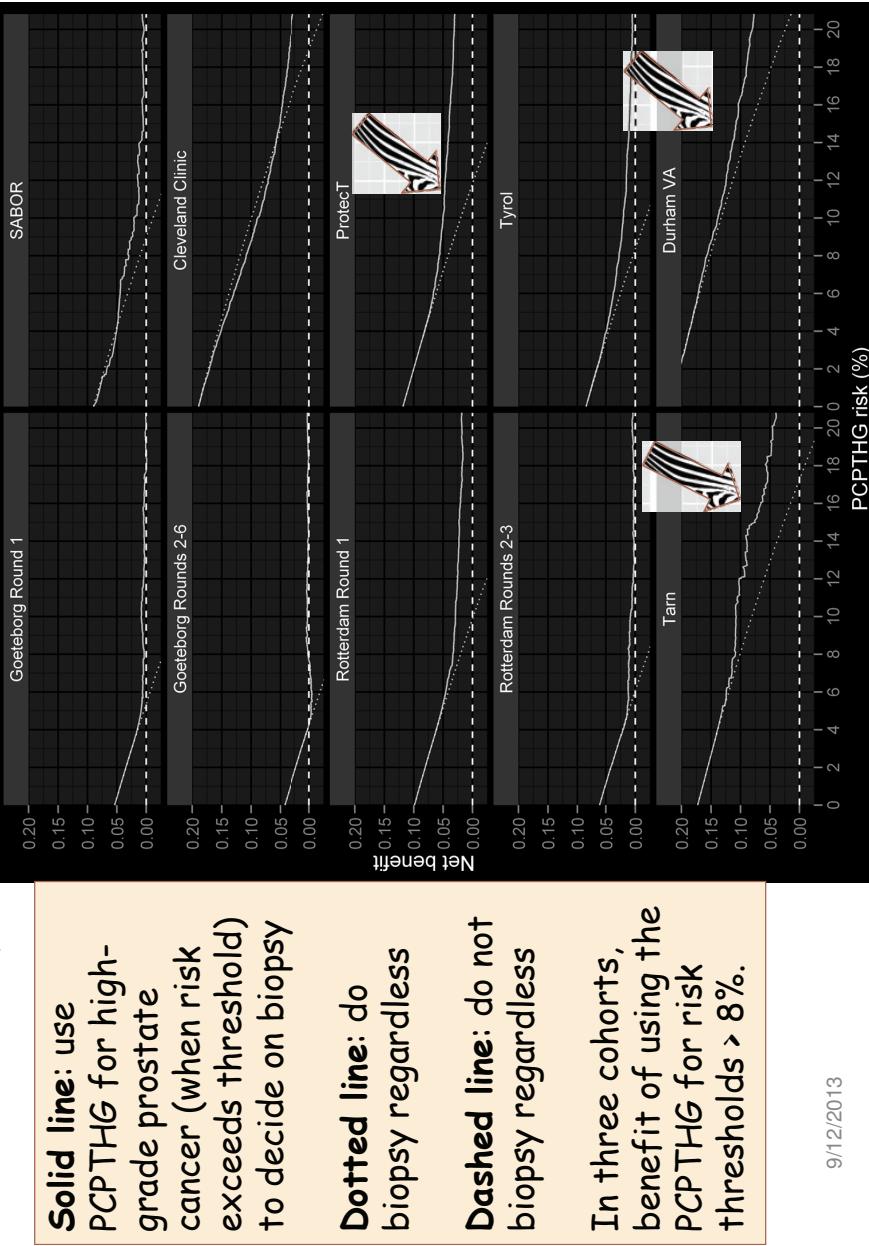
$$\frac{\# \text{True positives}(p_t)}{N} \times 1 + \frac{\# \text{False positives}(p_t)}{N} \times \left(-\frac{p_t}{1-p_t} \right)$$

$$\frac{\# \text{True positives}(p_t) \# \text{Cancer cases}}{\# \text{Cancer cases} N} - \frac{p_t}{1-p_t} \frac{\# \text{False positives}(p_t) \# \text{Non-cancers}}{\# \text{Non-cancers} N}$$

$$\text{Sensitivity}(p_t)(\text{Prevalence}) - \frac{p_t}{1-p_t} [1 - \text{Specificity}(p_t)](1 - \text{Prevalence}).$$

Since prevalence, sensitivity and specificity vary by cohort, net benefit will also vary by cohort.

Net benefit curves



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Updating an existing risk tool

- Prostate cancer biomarker research is dynamic.
- New markers are discovered/tested/validated.
- Cannot measure these markers retrospectively on the 5519 participants of the PCPT.

Problem to be solved

- How to update a risk calculator built on one cohort with a new risk factor measured on a different cohort?

Solution

- Bayes theorem

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From prior to posterior risk

X = PCPT Risk factors: PSA, DRE, family history, prior biopsy
 Y = New markers

$$\text{Posterior Odds Cancer}(Y, X) = \text{Likelihood Ratio}(Y|X) \times \text{Prior Odds Cancer}(X)$$



within a given strata of X , how much more likely is the new marker to be observed in cases rather than controls; estimated from a separate study to PCPT

from PCPT risk calculator

$$\frac{P(\text{Cancer} | X, Y)}{P(\text{No Cancer} | X, Y)} = \frac{P(Y | X, \text{Cancer})}{P(Y | X, \text{No Cancer})} \times \frac{P(\text{Cancer} | X)}{P(\text{No Cancer} | X)}$$

Confidence,prediction intervals for posterior risk by delta rule.

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Appropriate distribution for new markers

PCPT logistic regressions

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Single continuous marker

X = PCPT Risk factors: PSA, DRE, family history, prior biopsy
 $Y = \log(\text{PCA3})$



$$\frac{P(\text{Cancer} | X, Y)}{P(\text{No Cancer} | X, Y)} = \frac{P(Y | X, \text{Cancer})}{P(Y | X, \text{No Cancer})} \times \frac{P(\text{Cancer} | X)}{P(\text{No Cancer} | X)}$$

Linear regressions of Y on X in cancer cases and controls separately.

$$\frac{\frac{1}{\sqrt{\sigma_{cancer}^2}} \exp\left\{-\frac{1}{2\sigma_{cancer}^2} (Y - \mu_{cancer})^2\right\}}{\frac{1}{\sqrt{\sigma_{no\ cancer}^2}} \exp\left\{-\frac{1}{2\sigma_{no\ cancer}^2} (Y - \mu_{no\ cancer})^2\right\}}$$

$$\begin{aligned} \mu_{cancer} &= 1.1926 - .0836 \log(\text{psa}) + .0376 \text{age} + .1055 \text{dre} + .0658 \text{priorbiop} \\ \mu_{no\ cancer} &= -.6915 - .1137 \log(\text{psa}) + .0577 \text{age} - .3345 \text{dre} + .1260 \text{priorbiop} \end{aligned}$$

$$\sigma_{cancer} = 1.0366$$

$$\sigma_{no\ cancer} = 1.0191$$

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PCPT logistic regression

$$\begin{aligned} \beta'X &= -1.7968 + 0.8488 \log(\text{psa}) \\ &+ 0.2693 \text{famhist} + 0.9054 \text{dre} \end{aligned}$$

$$- 0.4483 \text{priorbiop}$$

Multiple markers \rightarrow Multivariate normal distributions
 Ankerst et al, J Urol 2009,
 Ankerst et al, Biometrical J 2012

Single nucleotide polymorphisms



X = PCPT Risk factors: PSA, DRE, family history, prior biopsy; we believe that mutations are inherited or occur before X and so do not need to condition on X .

Y = SNP with published genotype or allele frequencies (example A, G).

$$\frac{P(\text{Cancer} | X, Y)}{P(\text{No Cancer} | X, Y)} = \frac{P(Y | X, \text{Cancer})}{P(Y | X, \text{No Cancer})} \times \frac{P(\text{Cancer} | X)}{P(\text{No Cancer} | X)}$$

Published GWAS study

PCPT

$$\begin{aligned} & \frac{(\pi_{cancer}^{AA})^{I(Y=AA)} (\pi_{cancer}^{GA,AG})^{I(Y=GA,AG)} (\pi_{cancer}^{GG})^{I(Y=GG)}}{(\pi_{no\ cancer}^{AA})^{I(Y=AA)} (\pi_{no\ cancer}^{GA,AG})^{I(Y=GA,AG)} (\pi_{no\ cancer}^{GG})^{I(Y=GG)}} \exp(\beta'X) \\ & \quad \beta'X = -1.7968 + 0.8488 \log(\text{psa}) \\ & \quad + 0.2693 \text{famhist} + 0.9054 \text{dre} \\ & \approx \left(\frac{\hat{\pi}_{cancer}^{AA}}{\hat{\pi}_{no\ cancer}^{AA}} \right)^{I(Y=AA)} \left(\frac{\hat{\pi}_{cancer}^{GA,AG}}{\hat{\pi}_{no\ cancer}^{GA,AG}} \right)^{I(Y=GA,AG)} \left(\frac{\hat{\pi}_{cancer}^{GG}}{\hat{\pi}_{no\ cancer}^{GG}} \right)^{I(Y=GG)} - 0.4483 \text{priorbiop} \end{aligned}$$

Multiple SNPs not in LD → multiply LR's

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PCPTRC 2.0: A response to overdetection concerns

Risk of three outcomes if biopsy were to be performed:

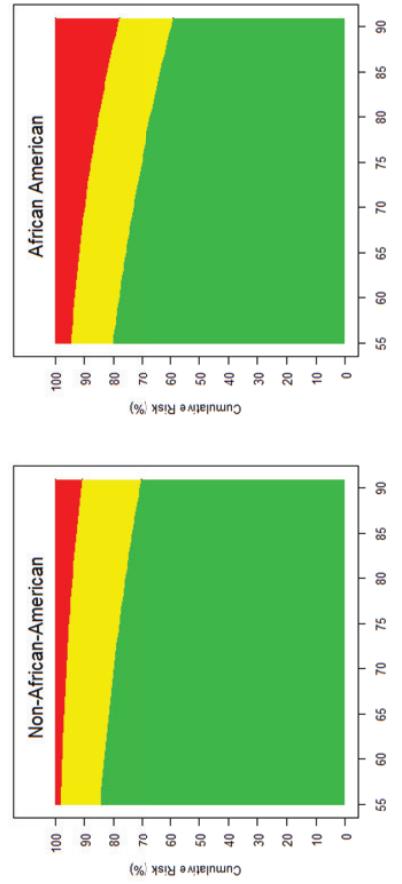
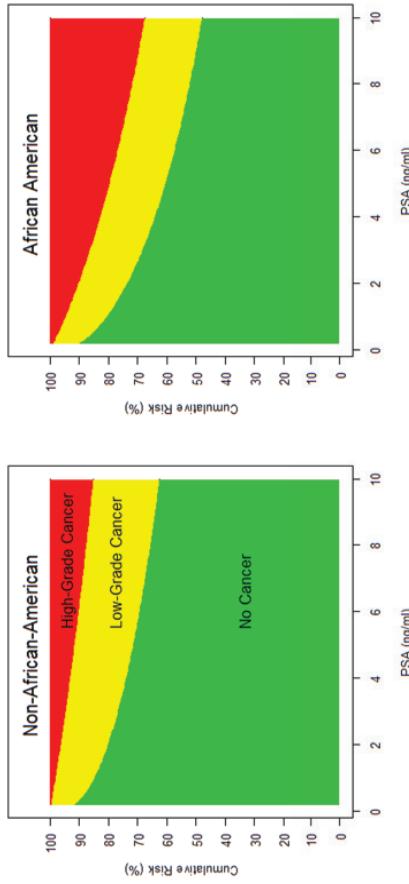
- No cancer
- low-grade prostate cancer (Gleason grade < 7)
- high-grade prostate cancer (Gleason grade ≥ 7)

6664 PCPT biopsies	No Cancer	Low-grade cancer	High-grade cancer
N	5468	942	254
% of N	82.1	14.1	3.8

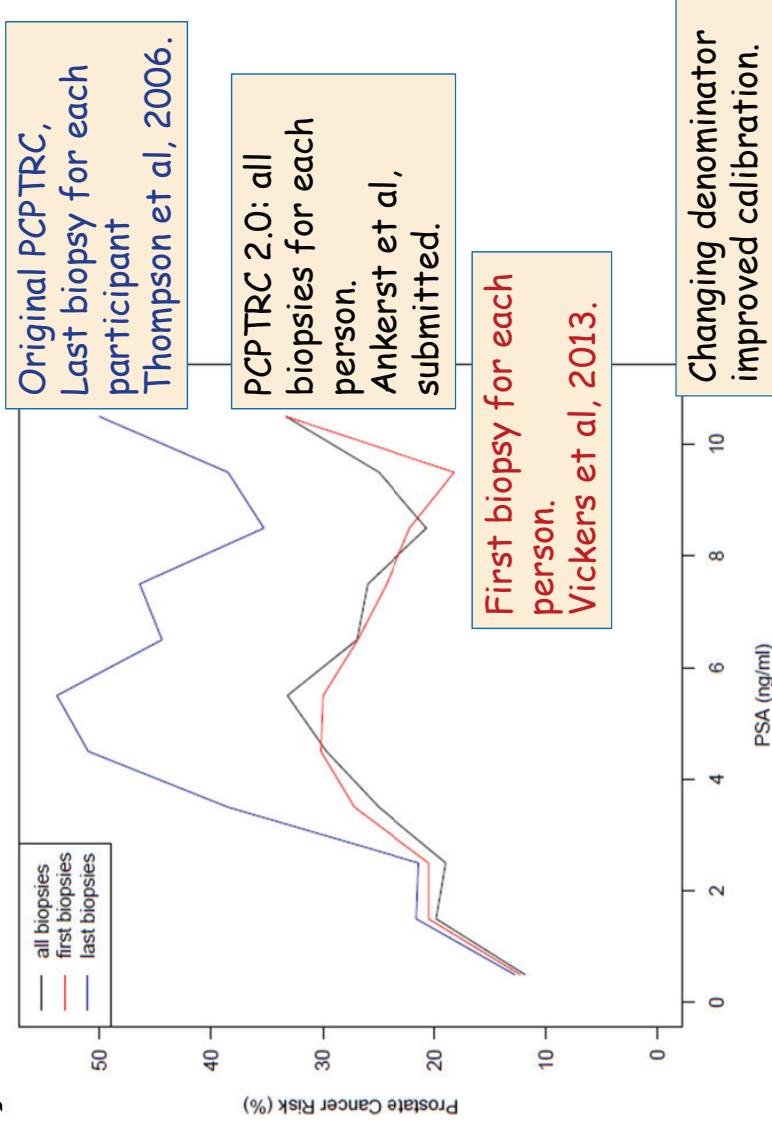
Use nominal logistic regression; fits better than ordinal logistic regression

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Final chosen model had same risk factors as the original PCPTRC



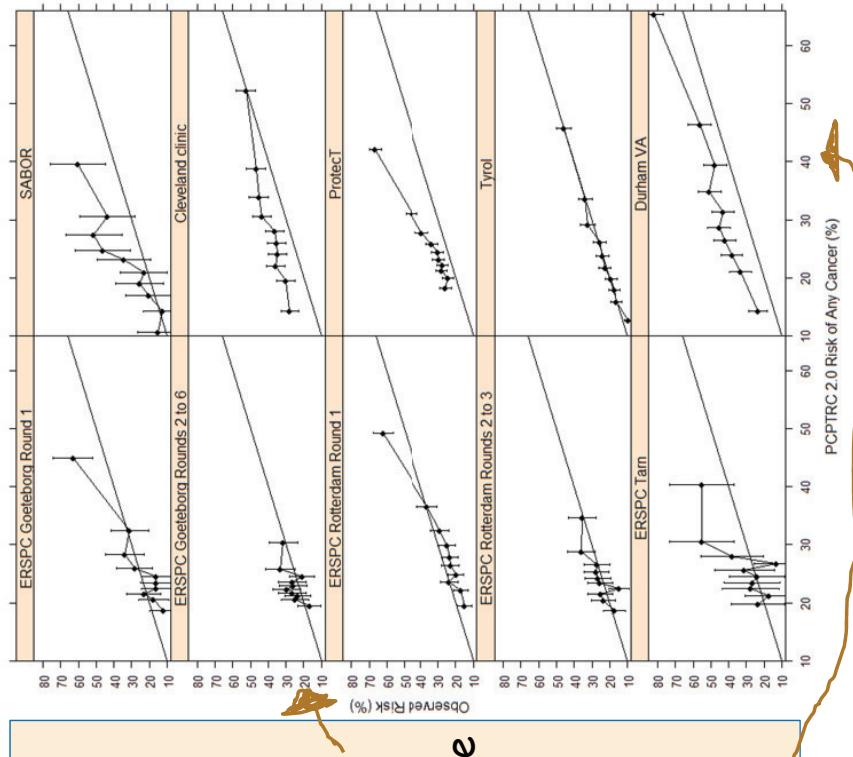
Empirical smoothed risks according to PCPT biopsies selected for the denominator



Calibration of PCPTRC 2.0

No longer over-fitting for the European screening cohorts on the left.

Under-fitting for the clinical cohorts on the right—that is to be expected since these men are referred with symptoms.



A more complicated message (low- versus high-grade disease) requires a more simple explanation. www.prostate-cancer-risk-calculator.com

Enter Your Information

Race	Caucasian
Age	60
PSA Level	1.0 ng/ml
Family History of Prostate Cancer	No
Digital Rectal Examination	Normal
Prior Prostate Biopsy	Never Had A Biopsy

[Calculate Cancer Risk](#)

PCPTRC 1.0 

Based on the data provided, the person's estimated risk of biopsy-detectable prostate cancer is 14.2%.
The 95% Confidence Interval for this prediction is 13% to 15.4%.
[More information about the confidence interval](#)

The person's estimated risk of biopsy-detectable **high grade** prostate cancer is 1.2%.
The 95% Confidence Interval for this prediction is 0.8% to 1.6%.
[More information about the confidence interval](#)

PCPTRC 2.0: A new more patient-friendly display of results. 

Patients do not understand confidence intervals, want a single number.
Mike Kattan,
Cleveland Clinic

Patients don't even want a number.
Ian M. Thompson,
UTHSCSA

PCPTRC 2.0 A new more patient-friendly display of results.

Based on the provided risk factors a prostate biopsy performed would have a:

 **1% chance of high-grade prostate cancer,**

 **8% chance of low-grade cancer,**

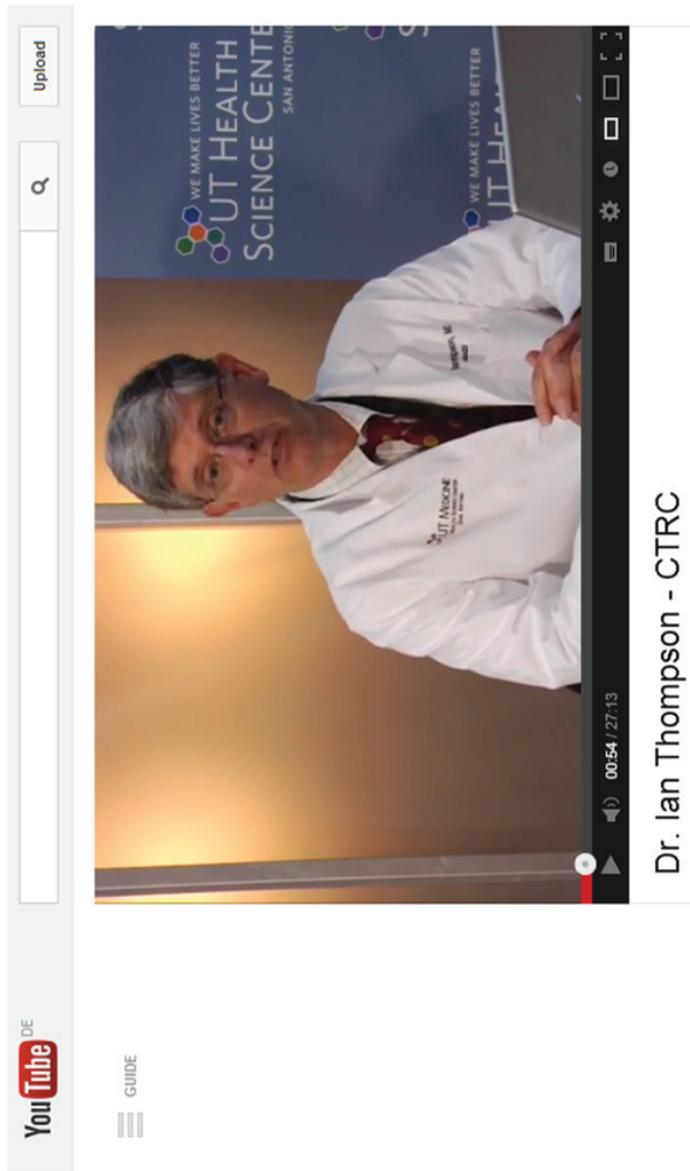
 **91% chance that the biopsy is negative for cancer.**

 About 2 to 4% of men undergoing biopsy will have an infection that may require hospitalization.

Please consult your physician concerning these results. Click [here](#) to watch a video overview of these results.

PCPTRC 2.0: 27 minute video

<http://youtu.be/LZC1erZv5Gc>



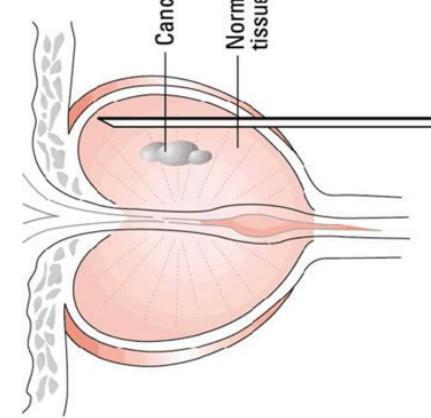
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Texas CIPRIT Grant in collaboration with Engineers at RICE



A handheld device because doctors use these when talking to patients and are not often at their computer.

Current work: changes in clinical practice, what happens when your cohort becomes outdated?



The PCPT cohort was collected from the late 1990's through 2004.

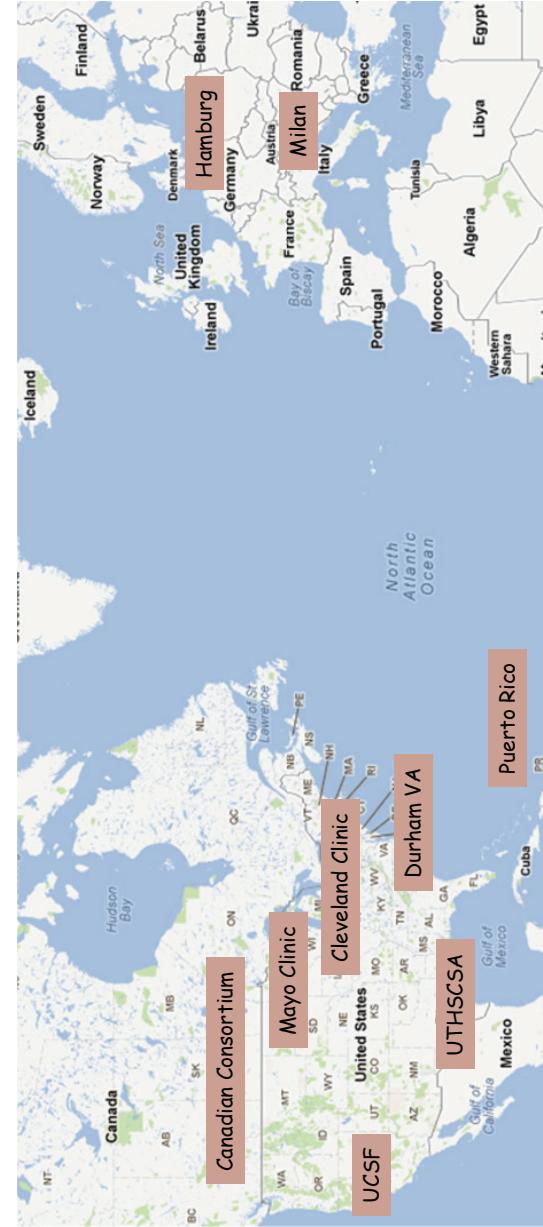
The PCPT protocol for the biopsy procedure was a 6-core sample, but modern practice collects 12- or even more cores.

It has been documented that a higher number of cores increases the likelihood of detecting cancer and high-grade cancer.

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Prostate Biopsy Collaborative Group PBCG 2.0

Cheaper to build a new house or keep fixing up the old one?



Data elements: Same as before but now ask if ever had a prior elevated PSA test; insert causal inference to model ascertainment bias (collaboration with Univ. Michigan)

Steyerberg recalibration versus Bayesian methods



Methods for recalibrating an existing risk prediction tool on a new data set each year will be compared to building from scratch:



Recalibration in the large: Use log PCPTRC 2.0 risk as offset and estimate new intercept in nominal logistic regression (NLR)

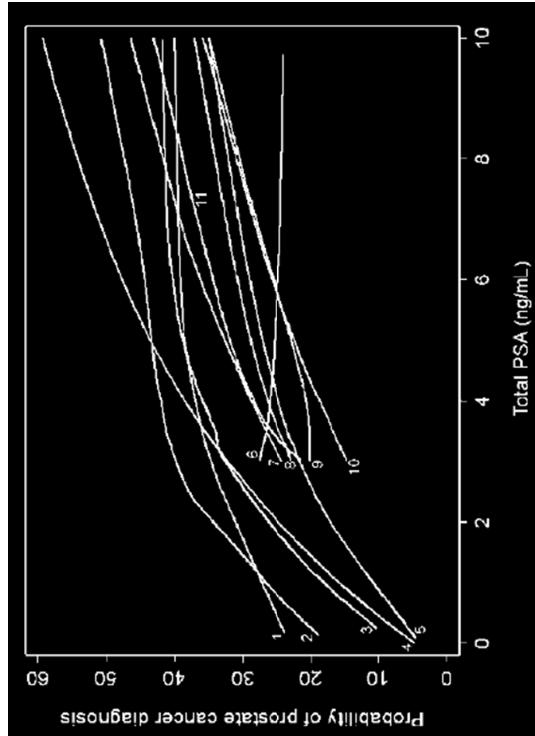
Recalibration: NLR to estimate new intercepts and slopes for log PCPTRC 2.0 risk as single covariate

Revision: Same as recalibration but allow individual risk factors to enter separately as covariates

Bayesian: Use prior to posterior updating on parameters

Bayesian likelihood ratio: Use PCPTRC 2.0 as prior odds.³¹

Big Data needs Big Cleaning, Smart Statisticians:
Lots of biopsies running through Electronic Medical Records overnight but no one is processing it.



Empirical risk
curves according to
PSA across 11
cohorts in the PBCG
1.0.
Vickers et al., Clinical
Cancer Research, 2010

Need for automatic downloading, quality-checking, updating of a risk tool, correction for ascertainment bias to remove the cohort effect.

Acknowledgements

TUM: Sebastian Bock, Josef Hoefler
UTHSCSA: Russell MacShane, Robin Leach, Ian M. Thompson



And Dornbirn, Austria