

## The Changing Environment for Drug Development and Drug Licensing in Europe after ICH

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- My History with regulatory science
- Emerging Health Technology Assessments in Europe
  - NICE
  - IQWiG
- My German experience
  - How it works in general
  - Three examples
  - Outlook

## MyHistory, starting back in the Eighties

Center for Drug Evaluation and Research  
Food and Drug Administration  
Department of Health and Human Services

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Food and Drug Administration  
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GUIDELINE FOR THE FORMAT AND CONTENT  
OF THE CLINICAL AND STATISTICAL SECTIONS OF AN APPLICATION

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July 1988  
July 1988

## CPMP 1993

### BIOSTATISTICAL METHODOLOGY IN CLINICAL TRIALS

Guideline Title	Biostatistical Methodology in Clinical Trials
Legislative basis	Directive 75/318/EEC as amended
Date of first adoption	May 1993
Date of entry into force	October 1993
Status	Last revised May 1993
Previous titles/other references	<i>Biostatistical methodology in clinical trials in applic. for Marketing Authorisations for Medicinal Products III/3630/92,</i>

## ICH E9, 1998

INTERNATIONAL CONFERENCE ON HARMONISATION OF TECHNICAL REQUIREMENTS FOR REGISTRATION OF PHARMACEUTICALS FOR HUMAN USE

### ICH HARMONISED TRIPARTITE GUIDELINE

#### STATISTICAL PRINCIPLES FOR CLINICAL TRIALS E9

Dated 5 February, 1998

## European Statistical Activities following ICH E9

- 2000 Points to Consider on Switching between Superiority and Non-inferiority
- 2001 Points to Consider on Application with 1. Meta-analyses; 2. One Pivotal study
- 2001 Missing data in confirmatory clinical trials, draft 2009
- 2002 Points to Consider on Multiplicity Issues in Clinical Trials
- 2003 Points to Consider on Adjustment for Baseline Covariates
- 2005 Choice of a Non-Inferiority Margin
- 2007 Methodological Issues in Confirmatory Clinical Trials planned with an adaptive design
- 2010 Concept Paper on Subgroup Analyses

## Recently FDA released Guidance

- 2010 Noninferiority Clinical Trials
- 2010 Adaptive Design Clinical Trials for Drugs and Biologics
- 2013 Oversight of Clinical Investigations – A Risk based Approach to Monitoring

## Regulatory disharmonies

- Jorgen Seldrup reports discussion from MCP 2011
  - Does the FDA care if EMA wants something different?
  - FDA-representative: "No"
  - visa-versa: propably „No“
- New treatment T, placebo P and activ control C, and one region wants T v. P as primary and the other wants T v. C
  - Consequences on patient accrual in respect to placebo arm
- Designing multiregional clinical trials with
  - Different inclusion criteria
  - different regional required primary endpoints
  - ...
- **When do differences begin to make a difference?**

## Diverging Developments even in the ICH Regions.

More Divergence through Foundation of National  
Health Technology Assessment Agencies

HTA is represented in this talk by  
- NICE (UK) and  
- IQWiG (Germany)

## National Institute for Health and Care Excellence NICE increasing responsibilities over the years

- in 1999 founded
  - as the **National Institute for Clinical Excellence**,
  - to reduce variation in the availability and quality of NHS treatments and care.
- In 2005,
  - began developing public health guidance to help prevent ill health and promote healthier lifestyles.
  - name changed to **National Institute for Health and Clinical Excellence**.
- In April 2013
  - responsibility for developing guidance and quality standards in social care
  - **National Institute for Health and Care Excellence**

## Institute for Quality and Efficiency in Health Care - IQWiG

- Objective: To examine objectively the advantages and disadvantages of medical interventions for patients.
- Since 2004
  - Institute for Quality and Efficiency in Health Care (IQWiG for short).
- The Institute produces independent, evidence-based reports, e.g. on:
  - drugs
  - non-drug interventions (e.g. surgical procedures)
  - diagnostic tests and screening tests
  - clinical practice guidelines (CPGs) and disease management programmes (DMPs)

## NICE /IQWiG

- On the first glance: Similar objectives
- NICE appraises in addition cost effectiveness
- NICE can delegate review and appraisal to groups outside (usually academic institutions).
  - Four standing Appraisal Committees (each about 20 members including biostatisticians)
- IQWiG includes outside experts into its review team but retains key positions
- IQWiG receives its tasks from G-BA (Joint Federal Committee) and prepares and proposes decisions.
  - Decisions are solely made by G-BA.
  - G-BA has 13 voters from Health Insurance, Hospitals, Physicians Unions,...
    - (no biostatisticians, currently a majority of economists).

## Guidances, Guidances, Guidances

- NICE
  - Guides to the Methods of Technology appraisal (2008)
  - Technical reports:
    - introduction to evidence synthesis for decision making
    - for pairwise and network meta-analysis of RCTs
    - ...
- IQWiG
  - General Methods 4.0 in 2011
  - Aktualisierung (draft 2013)
  - General methods to evaluate cost and benefit (2009)
  - ...

## My German experiences with HTA

**GB-A/IQWiG-Problem Areas**  
all of which have close relations with biostatistical  
methodology

- Definition of comparators
- Subgroups
- Endpoint definition
- Type I error control
  - Multiple testing
  - Predefined analyses
- Categorisation/dichotomisation

**Main Problem Areas I – G-BA/IQWiG**

- **Definition of different comparators in subpopulations**
  - Results in unforeseeable partition („slicing“) of RCTs
  - Increased need for indirect comparisons. However, subpopulation characteristics (mean, std, etc) rarely contained in publications.
  - Makes randomisation dependent on post hoc variable selection.
- **Subgroup analyses**
  - Disregarding of post hoc character
  - Mechanistic use of interaction tests
- **Endpoint definition**
  - Preferred GB-A views result in unplanned endpoints
  - Necessitates own IQWiG (post-hoc) calculations (sometimes with errors)



## Main Problem Areas II – G-BA/IQWiG

- Type I error Control
  - Is more or less abandoned
  - Is replaced by rather intransparent methods on aggregation of information
- General technique: Categorisation – One size fits all
  - Categorisation of uncertainty
    - 3 categories: Hint (clue); indication(suggestion); proof (substantiation)
  - Categorisation of additional clinical benefit
    - 3 categories: Gering(Small); beträchtlich(important); Erheblich(major)

## Examples

- Ticagrelor – Brilinta (ACS)
- Fingolimod – Gilenya (MS)
- Sitagliptin (DM)

### Example I – Ticagrelor (FDA wording)

- **The disease:** BRILINTA is a P2Y12 platelet inhibitor indicated to reduce the rate of thrombotic cardiovascular events in patients with acute coronary syndrome (ACS) (unstable angina, non-ST elevation myocardial infarction, or ST elevation myocardial infarction).
- **Endpoint:** BRILINTA has been shown to reduce the rate of a combined endpoint of cardiovascular death, myocardial infarction, or stroke compared to clopidogrel.
- **Some details:** The difference between treatments was driven by CV death and MI with no difference in stroke. In patients treated with PCI, it also reduces the rate of stent thrombosis.

### Example I – Ticagrelor (EMA wording)

- the CHMP considered by consensus that the risk-benefit balance of Brilique co-administered with acetylsalicylic acid (ASA) in the prevention of thrombotic events (cardiovascular death, myocardial infarction and stroke) in patients with ACS
  - (unstable angina,
  - non ST elevation Myocardial Infarction [NSTEMI] or
  - ST elevation Myocardial Infarction [STEMI])
    - including patients managed medically,
    - and those who are managed with percutaneous coronary intervention (PCI)
    - or coronary artery by-pass grafting (CABG)
- was favourable and therefore recommended the granting of the marketing authorisation.

### Example I Ticagrelor (NICE)

- You should be able to have ticagrelor if you:
  - have a condition called ST-segment elevation myocardial infarction (major heart attack) that your cardiologist intends to treat with a procedure to widen your narrowed artery (called primary percutaneous coronary intervention)
  - a condition called non-ST-segment elevation myocardial infarction (mild heart attack) **or**
  - have been admitted to hospital with unstable angina.

### Example I – Ticagrelor (G-BA/IQWiG)

- G-BA: Partition ( “slicing“ ) of the pivotal PLATO study into 4 different (disjoint) populations
  1. Unstabil Angina pectoris and myocardial infarction without ST-elevation (IA/NSTEMI),
  2. Myocardial infarction with ST-elevation (STEMI) managed medically
  3. Patients with STEMI managed with PCI
  4. Patients with STEMI, managed with CABG
- IQWiG Assessment: Additional benefit (proof for medium effect in mortality) only in population 1,
- no additional benefit in 2, 3 or 4 due to lack of data , failure to show superiority in an indirect comparison (Prasugrel, population 3) or small sample sizes.

### Example II – Fingolimod (FDA wording) RRMS – Relapsing Remitting Multiple Sclerosis

- GILENYA is a sphingosine 1-phosphate receptor modulator indicated for the treatment of patients with relapsing forms of multiple sclerosis to reduce the frequency of clinical exacerbations and to delay the accumulation of physical disability.

### Example II – Fingolimod (EMA wording)

- Patients with high disease activity despite treatment with a beta-interferon.
  - These patients may be defined as those who have failed to respond to a full and adequate course (normally at least one year of treatment) of beta-interferon.
  - .....
  - A “non-responder” could also be defined as a patient with an unchanged or increased relapse rate or ongoing severe relapses, as compared to the previous year,
- or
- Patients with rapidly evolving severe relapsing remitting multiple sclerosis defined by 2 or more disabling relapses in one year, and with 1 or more Gadolinium enhancing lesions on brain MRI or a significant increase in T2 lesion load as compared to a previous recent MRI.

### Example II Fingolimod (NICE)

- Fingolimod is recommended as an option for the treatment of highly active relapsing–remitting multiple sclerosis in adults, only if:
  - they have an unchanged or increased relapse rate **or** ongoing severe relapses compared with the previous year despite treatment with beta interferon,
  - **And** the manufacturer provides fingolimod with the discount agreed as part of the patient access scheme.
  - NICE recommended fingolimod because it is a valuable new oral treatment for patients with multiple sclerosis.

### Example II Fingolimod (IQWiG/G-BA)

- G-BA: Partition of the study population of the (only) pivotal trial TRANSFORMS (n=1292) into 3 (disjoint) subpopulations
  1. Patients with highly active RRMS, complete pre-treatment with IFN- $\beta$  (comparator Glatirameracetat)
  2. Patients with highly active RRMS, incomplete pre-treatment with IFN- $\beta$  (comparator IFN- $\beta$  1a))
  3. Patients with rapidly evolving severe RRMS (comparator IFN- $\beta$  1a).
- IQWiG Assessment: None of the 3 subpopulations showed an additional benefit regarding improvement of RRMS.
- In a subpopulation (n=57) a “significant“ reduction regarding of flulike symptoms (non serious AE) led to stating a hint for a small additional benefit [1/27 versus 9/30).

## Example II Fingolimod – the role of the regulatory agencies in HTA evaluations

- CHMP had intensive discussions about a potential wordings in the label (see EPAR). It involved several ad-hoc committees and required twenty or more post-hoc subgroup analyses to be submitted by the applicant.
- Finally CHMP decided for the identical wording as for Tysabri (Natalizumab).
- It remained unclear which part of study population really was covered by the final wording of the label.
- **Wording has great impact on HTA evaluations**
- There are earlier occurrences of discussions in the literature about the wording of the label in relation to the study population [e.g. JUPITER study, contributions by Ridger (Author), Temple(FDA), Day(EMA), Breckenridge(Canada), Clinical Trials 2011]

## Example III Diabetes Mellitus - Sitagliptin (only G-BA/IQWiG)

### G-BA:

- 5 different groups/comparators were performed depending on whether Sitagliptin was used as mono or in combination with various other
- Of interest here is the comparison Sitagliptin + Metformin versus Glipizid+Metformin

IQWiG Assessment: A hint for a strong additional benefit was stated based on a “significant“ finding on mortality

### Example III

#### Diabetes Mellitus - Sitagliptin (only IQWiG).

#### Discrepancy between p-value and upper CI limit

Dossierbewertung A13-02

Version 1.0

Sitagliptin – Nutzenbewertung gemäß § 35a SGB V

27.06.2013

Tabelle 13: Ergebnisse (dichotome Endpunkte) – RCT, direkter Vergleich: Fragestellung A, Sitagliptin vs. Glipizid (Studie P063, Monotherapie mit Sitagliptin, relevante Teilpopulation)

Studie Endpunktkategorie Endpunkt	Sitagliptin		Glipizid		Sitagliptin vs. Glipizid RR / Peto-Odds Ratio <sup>a</sup> [95 %-KI]; p-Wert <sup>b</sup>
	N	Patienten mit Ereignissen n (%)	N	Patienten mit Ereignissen n (%)	
P063					
Mortalität					
Gesamt mortalität	149	0 (0)	154	4 (2,6) <sup>d</sup>	0,14 [0,02; 0,98] <sup>a,d</sup> 0,051

Inconsistency: 95%CI: [0.02;0.98], but p-value equals 0.051

### Example III

#### Diabetes Mellitus - Sitagliptin (only IQWiG)

Tabelle 36: Ergebnisse – RCT, direkter Vergleich: Kombination Sitagliptin plus Metformin vs. Glipizid plus Metformin

Studie Endpunktkategorie Endpunkt	Sitagliptin plus Metformin		Glipizid plus Metformin		Sitagliptin plus Metformin vs. Glipizid plus Metformin RR / Peto-OR <sup>b</sup> [95 %-KI]; p-Wert <sup>c</sup>
	N <sup>a</sup>	Patienten mit Ereignissen n (%)	N <sup>a</sup>	Patienten mit Ereignissen n (%)	
P024 <sup>d</sup>					
Mortalität					
Gesamt mortalität	588	1 (0,2)	584	8 (1,4)	0,21 [0,06; 0,77]; 0,021

IQWiG Statement: hint for a strong additional benefit

## Example III Diabetes Mellitus - Sitagliptin (only IQWiG)

Kombination Sitagliptin plus Metformin vs. Glipizid plus Metformin

Tabelle 36

Studie Endpunkt Merkmal Subgruppe	Sitagliptin plus Metformin		Glipizid plus Metformin		Sitagliptin plus Metformin vs. Glipizid plus Metformin	
	N <sup>a</sup>	Patienten mit Ereignissen n (%)	N <sup>a</sup>	Patienten mit Ereignissen n (%)	RR / Peto-OR <sup>b</sup> [95 %-KI]	p- Wert <sup>c</sup>
<b>P024</b>						
<b>Gesamt mortalität</b>						
Geschlecht						
Männer	336	1 (0,3)	358	8 (2,2)	0,22 [0,06; 0,82]	0,024
Frauen	252	0 (0)	226	0 (0)	n. b.	n. b.
Interaktion						n. b.

- a: Alle Patienten wie behandelt (APaT-Population: All patients as treated).
- b: Angabe des Peto-Odds Ratio statt Relatives Risiko bei Ereigniszahlen ≤ 1 % in mindestens einer Zelle.
- c: eigene Berechnung, unbedingter exakter Test (CSZ-Methode nach [11]).
- d: Daten aus den Patienten Listings nach Preferred Term.
- e: Berechnung basierend auf RR.
- f: Berechnung basierend auf Peto-OR.

IQWiG Statement: hint for a strong additional benefit only in men

## IQWiG proposal for measuring clinical benefit (categorisation)



IQWiG: Upper limits of the 95%CI for the relative risk (RR) have to fall below the indicated thresholds in order to claim the respective category of additional benefit

Additional benefit	Mortality	•Serious Symtoms/ADRs •Quality of Life	Non serious Symptoms/ADRs
major	0.85	0.75	Not possible
important	0.95	0.90	0.80
small	1.00	1.00	0.90

### Looking into the Future of ICH Achievements

Dark clouds at the horizon;  
I am not amused

Actually, there are many more Players around, not just NICE  
and IQWiG:

- Members of EUnetHTA – the Umbrella Association

- • Austria
- • Belgium
- • Bulgaria
- • Croatia
- • Cyprus
- • Czech Republic
- • Denmark
- • Estonia
- • Finland
- • France
- • Germany
- • Greece
- • Hungary
- • Ireland
- • Italy
- • Latvia
- • Lithuania
- • Malta
- • Netherlands
- • Norway
- • Poland
- • Portugal
- • Romania
- • Slovakia
- • Slovenia
- • Spain
- • Sweden
- • Switzerland
- • United Kingdom