

Analysis of a Large French Registry-Based Study of Prescription Drugs and Road Traffic Crashes

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Roadmap

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1. Context
 2. CESIR project
 3. Design studies
 4. Statistical analysis using the Lasso: justification, limitations
 5. Implementation
 6. Pharmacoepidemiological results
 7. Conclusions

Context

Driving is a complex **psychomotor** and **cognitive** task requiring:

- Alertness, attention and processing speed
- Reaction speed and coordination
- Sensory-perceptual functions (visual, auditory,... abilities)
- Executive functions (monitoring, carrying out cognitive activities)

Drugs (**alcohol**, **illicit** drugs, **medicinal** drugs) have a potential effect on the skills needed to drive safely:
drowsiness, impaired judgment, lack of self-confidence, sedation, fainting, hypotension, hypoglycemia, blurred vision, dizziness, loss of coordination

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Context

Medicinal drugs are a complex issue from a **road safety** viewpoint:

- high variety of pharmaceutical classes, different prevalence of use
- confounding underlying **health conditions**,
- medicinal **benefits** leading to improved (rather than impaired) driving
- whilst on medication, more attention to **compensate** for perceived risk
- **dose**, **cumulative dose**, **duration** of consumption (prevalent, intermittent, incident), interruption, tolerance,...
- **co-consumption** and **interaction** of drugs, ...

Literature focus on hypnotics and anxiolytics (benzodiazepines), few results (frequently inconsistent) for other medicinal drugs

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Context

In France

- 1983: warning message and advice on driving included in the labeling of drugs (European directive)
- 1999: unique triangular pictogram 
- 2003: visual system of grading



Effectiveness in “real life”? Reliable information?

Over-representation of certain drug classes in crash-risk statistics?

Gap of Pharmacoepidemiological data

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Context

A major approach: population-registries data

UK [Barbone98, Gibson09]

Norway [Engeland07]

France [Orriols10]

Finland [Karjalainen12]

Advantage: the potential to study associations between **rare exposures and outcomes** in a sample large enough to provide sufficient precision

Particularity: **high-dimensional** and/or **large-scale datasets**, whose analysis needs to be addressed using **appropriate statistical and computational techniques**

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CESIR (Combination of Studies on Health and Road Safety)

National healthcare insurance Reimbursement database

Crash database

National healthcare insurance database (SNIIIR-AM)
Covers the whole French population

- national healthcare ID (unique)
- sex
- birth date

- reimbursed prescription drugs
- dates of dispensing
- chronic diseases (30 recognized)

National police database of injurious road traffic crashes (BAAC)
Standardized grid recorded for statistics purposes about crashes

- crash characteristics
- location
- vehicles
- users, role (driver, passengers..)
- eventual traffic violation

- police report nb (not unique)**
- crash date
- crash location's zip code
- police forces who recorded
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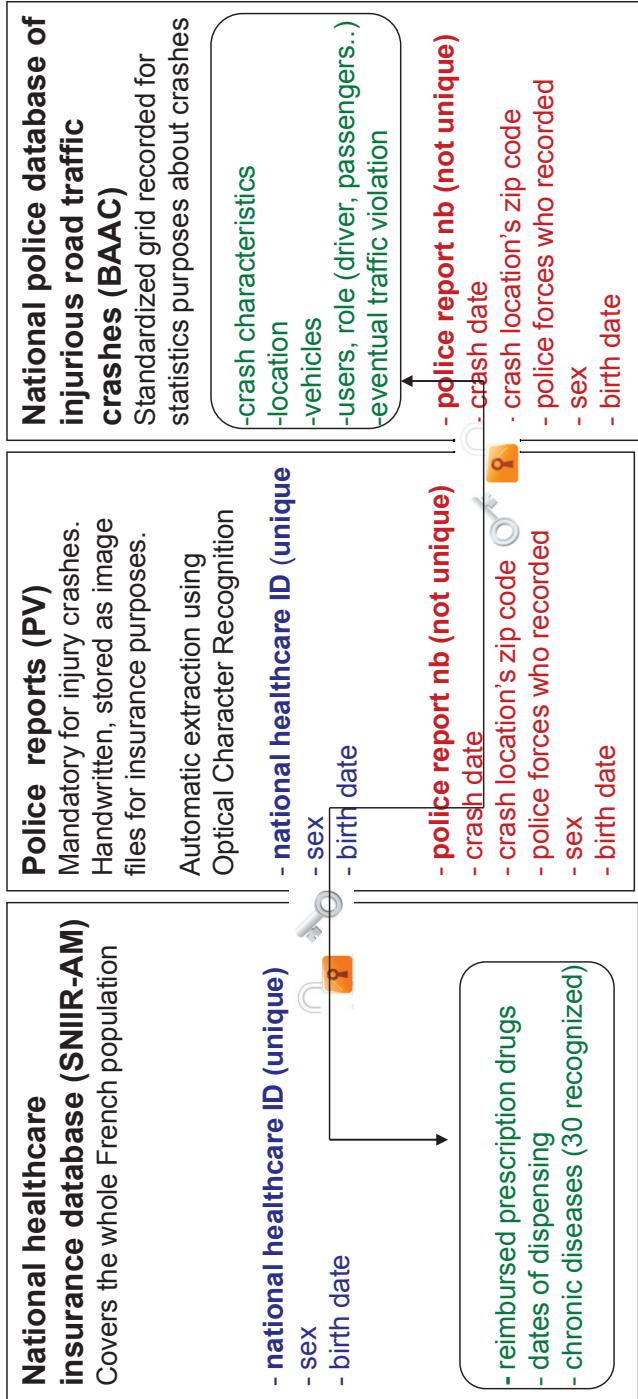
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CESIR (Combination of Studies on Health and Road Safety)

The combined police data sources complete each other and allows for verification

Police Reports

210,818 reports (each including at least one driver and possibly several drivers and/or pedestrians and/or passengers)

→
109,078 national IDs collected in police reports

→
97,438 national IDs matched (drivers, pedestrians or passengers)

→
72,685 drivers involved in an injurious crash in France, between July 2005 and May 2008 included (national ID)

Police national database of injurious crashes

234,679 records (each including at least one driver and possibly several drivers and/or pedestrians and/or passengers)

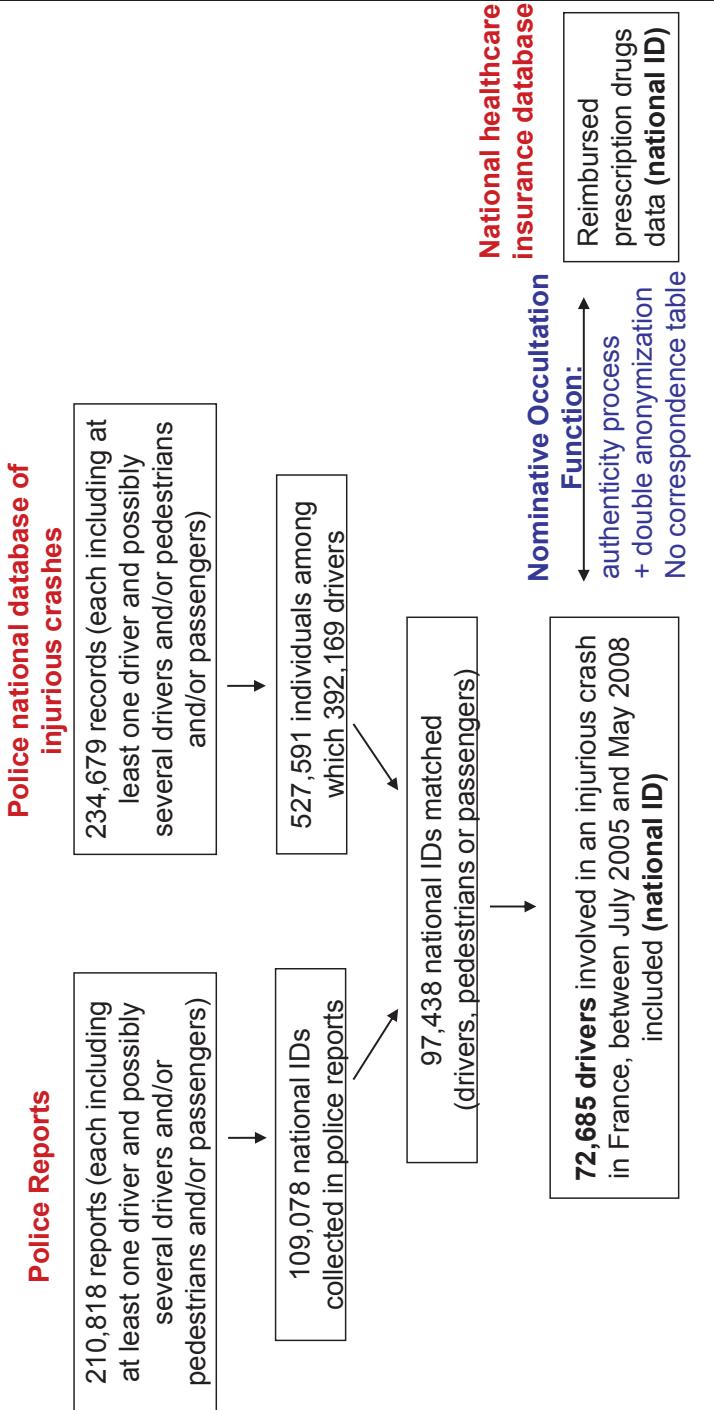
→
527,591 individuals among which 392,169 drivers

Matching procedure based on:
police report nb, crash date, zip code, police forces, birth date, sex.
- If all variables concordant => match
- If 3 or + discordant variables => unmatched
- Otherwise => probabilistic linkage method [Jaro95]

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Available Data

- Socio-demographic characteristics: age, sex, socioeconomic category
- Crash-related characteristics: year, season, day of week, time of the day, injury severity, location (inhabitants), vehicle type, alcohol level
 - **responsibility for the crash** deduced
- **Chronic diseases** 30 recognized in France (ICD-10 code)
- Reimbursement dates of **prescribed drugs** (the 6 months prior the crash) coded by the Anatomical Therapeutic Chemical (ATC) classification
 - **daily medication exposure** ($\text{exposed}=1$, $\text{unexposed}=0$) estimated from median value of treatment duration for each ATC class (4th level)
[\[IMS2008\]](#)

Available Data

For example: ATC code for “Aspirin”

1st level (**anatomical** main group): N Nervous system

2nd (**therapeutic** main group): N02 Analgesics

3rd (**pharmacological** subgroup): N02B No opioids analgesics and antipyretics

4th (**chemical** subgroup): N02BA Salicylic acid and derivatives

5th (**chemical substance**): N02BA01 Acetyl/salicylic acid

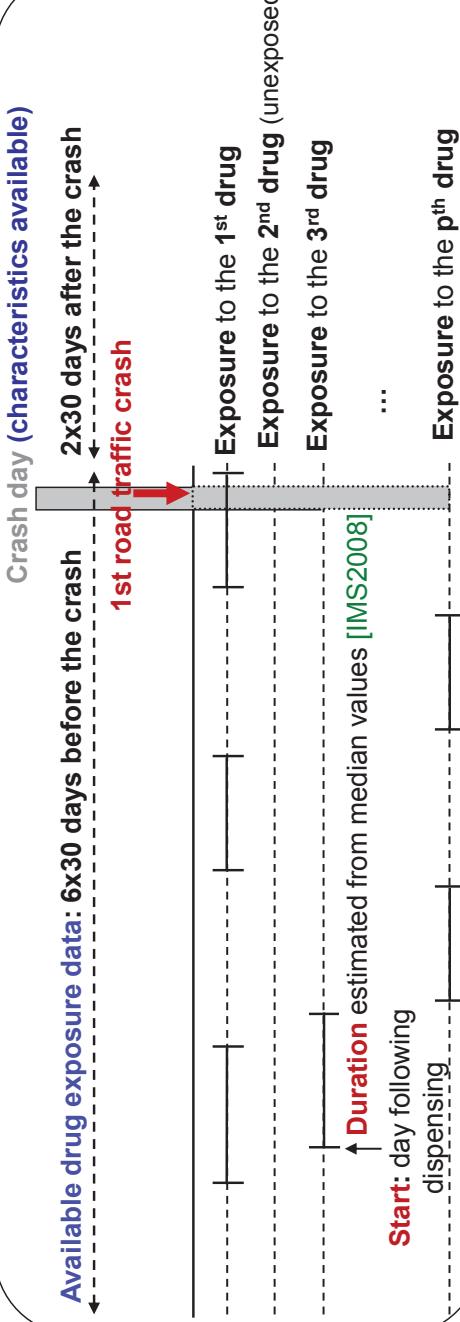
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Available Data

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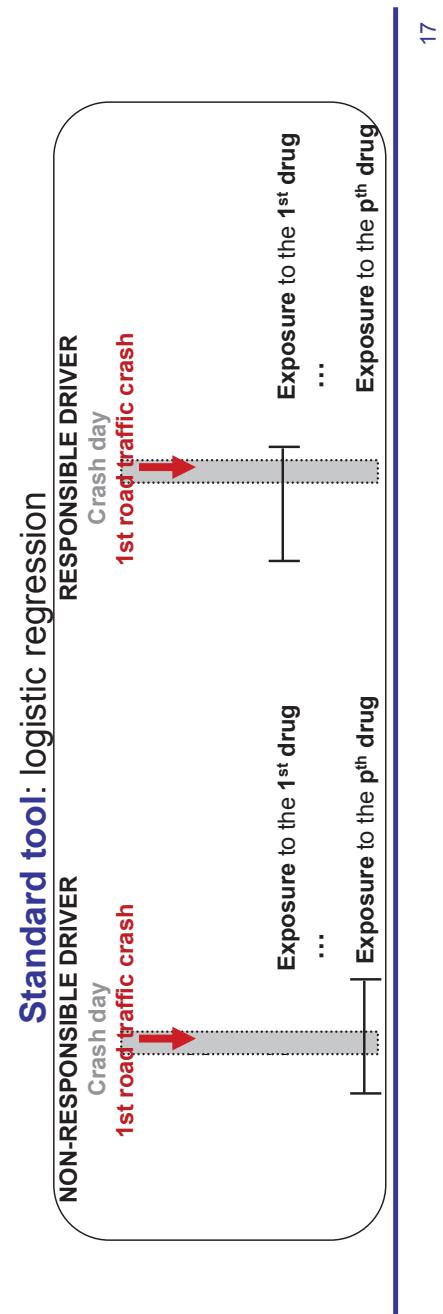
62,766 without missing values for the alcohol level

Exposure to ~400 **prescription drugs** coded with the 4th ATC level

Objective: to identify **prescription drugs** associated with an increased risk of **crash**

Study Designs: Case-Control

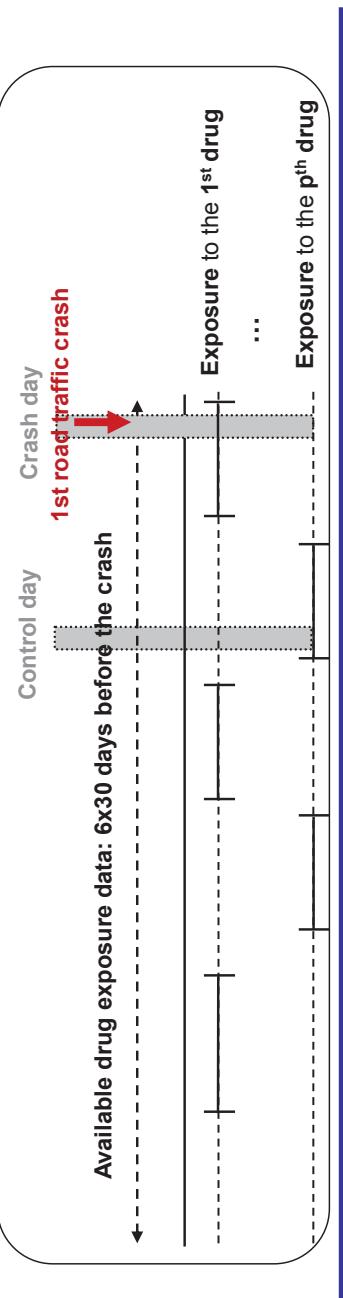
- Automated **scoring tool** based on factors likely to reduce driver responsibility (road/driving conditions, traffic rule obedience, including alcohol...) [Robertson94]
- Selection of a **cutoff** score based on the consensus with traffic safety experts (using a validation sample) [Laumon05]
- **Responsibility analysis:** responsible (**cases**) / non-responsible (**controls**)
 - Exposure probabilities on the day of crash compared between responsible drivers and non-responsible drivers



Study Designs: Case-Crossover

- Effects of **transient exposures** on the risk of **acute-onset events** [MacIure91]
- Exposure during the period just prior to the event (**case period**) compared to the same subject's exposure during one or more **control periods**
 - Inherently eliminates the bias in control selection and removes the confounding effects of time-invariant factors
 - To identify the short-term, transient triggers of event (**Why now?**), rather than to identify who is at highest risk (**Why them?**)

Standard tool: conditional logistic regression



Study Designs: limitations

- Sample over-represented drivers injured in severe crashes
- **residual confounding by underlying health status** (causal inference is not possible)
- **exposure periods** estimation (misuse of prescribed drugs, dosage changes, use of illicit or over-the-counter drugs,...)

Case-Control

- determination of responsibility tool have to be evaluated

Case-crossover

- **no data ensures driving** during the control window
- **sensitivity** to the effects of unmeasured time-varying risk factors

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L₁-Penalization

The parameters are defined by the penalization problem:

$$\hat{\beta}(\lambda) = \arg \max_{\beta} \sum_i L(x_i, y_i, \beta) - \lambda T(\beta)$$

$\sum_i L(x_i, y_i, \beta)$ is the log **likelihood**

λ is a **tuning parameter** that controls the model complexity

$T(\beta)$ is a **penalty function** on the coefficient vector

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In particular, $T(\beta) = \|\beta\|_1 = \sum_i |\beta_i|$ is called the **Lasso** [Tibshirani96, Friedman10]:

→ Attractive feature: the ability to shrink some coefficients to exactly 0, performing both **estimation** and **variable selection simultaneously**

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Justification of using the Lasso

1. **Good compromise** between traditional and data-driven approaches: modeling is based on standard regression models, rather than blackbox
- Regression models, with straightforward interpretation, are the most important statistical techniques used in analytical epidemiology

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- Controlling for potential confounding is an critical point in epidemiology

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3. **Stability**: the variable selection process is not discrete (all regression coefficients are “smoothly” shrunk towards 0)

The procedure is more stable than stepwise selection procedures

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4. **Sparsity**: the L_1 -penalty allows to produce some coefficients that are exactly 0, thus estimation and variable selection performed simultaneously (unlike ridge)

We expect that only few drugs affect driving

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Justification of using the Lasso

- 5. Only detects effect sizes > the noise level [Bunea08].

We expect relevant but small drugs effect sizes. Shared by any selection method.

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6. **Convexity:** L_1 -penalty yields a convex optimization problem \Rightarrow algorithms remain approachable and mathematical guarantee of a unique global max. Some fast and efficient algorithms compute the entire regularization path of solutions: for all λ , instead of varying λ on a grid (approximately for logistic regression)

We can handle large databases (N~70,000)

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7. **Adapted to challenging** estimation situations: when the nb of predictors is high (even $p>N$) or in case of moderate correlation. But selects only few of the relevant variables if highly correlated.

We have $p\sim 400$; some drugs usually prescribed together

A solution if correlation is high: elastic net (L_1+L_2) [Zou05]

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Justification of using the Lasso

8. **Prediction-based criteria** (CV, AIC) to choose λ select the relevant predictors but also a few irrelevant ones. **No consequences on prediction but not the best selection.** Research on consistent criteria is open (BIC in high-dimensionality, minimization of the expected nb of false positives, consistent versions of CV).

Our main goal is not prediction but identification of drugs impacting driving

A solution: **Bolasso** [Bach08] (only predictors frequently chosen by the lasso over the bootstrap samples are selected)

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9. Research on **uncertainty measures** is open (discontinuity of the sampling distribution problematic) [Pötscher10, Chatterjee'11]

Because of potential bias, epidemiologists are attached to confidence intervals (rather than p-values or other “binary” decision criteria).

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10. **Linearity** of the Logit function: We have only binary predictors

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Implementation

Case-Control study

Glmnet R-package [Friedman10]. Practical options:

- **Faster** than competing methods (appreciable when bootstrapping)
- Sparse data matrices **stored** in sparse format (73% unexposed to any drug)
- **Penalized** (drugs) and **unpenalized** (adjustment) variables can be specified
- Model selection is performed by **several criteria** (we used 10-fold CV AUC [Avalos12b])

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Implementation

Case-Crossover study

For moderate N (<3000), algorithms based on the stratified discrete-time Cox proportional hazards model compute lasso estimates of conditional logistic regression [Avalos12a]: we can use the penalized R-package [Goeman10]

For large datasets, **clogitLasso** R-package [Avalos13a]:

- Algorithm based on an iteratively re-weighted least squares (IRLS) algorithm and depending on the efficient for large N package **lassoshooting** [Jornsten11]
- Model selection is performed by several criteria (we used 10-fold likelihood-based CV, accounting for data dependence)
- **Bootstrapping** (accounting for data dependence): Bolasso, CI

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(Some) Pharmacoepidemiological results

Some results are consistent with literature [Avalos12b, Avalos13b] : benzodiazepine hypnotics (N05CD), anxiolytics (N05BA, N05BC)

Some results complete results of other studies: Antiepileptics (N03AF, N03AG, N03AX), antidepressants (N06AB, N06AX), drugs used in opioid dependence (N07BC) and drugs used in diabetes (A10AD)

Cardiovascular drugs (C10BA, C10BX) are markers of cardiovascular diseases which themselves may increase the risk of accident involvement.

Antithrombotic agents (B01AB): cardiovascular events may occur when the treatment is interrupted. **This result oriented new researches.**

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Conclusion

- National registries exist. Exceptional sources of information. But, extraction of **reliable** and **useful** information is not an obvious process
- When the data are (finally!) available, analysis needs to be addressed using appropriate statistical and computational techniques
- The Lasso appears to be a good compromise between traditional and data-driven approaches for analyzing **high-dimensional** and/or **large** epidemiological data
- Some theoretical properties of lasso-type estimators are now **well established**, others are, however, still **heuristic-based** (uncertainty measures)

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